

# ADOLESCENT MENTAL HEALTH & WELLNESS

Richmond parents and our community are invited to a free discussion and presentation with internationally renowned experts in adolescent mental health Andrew Baxter, Dr. Li Sha and Dr. Yifeng Wei.

May 4, 2022

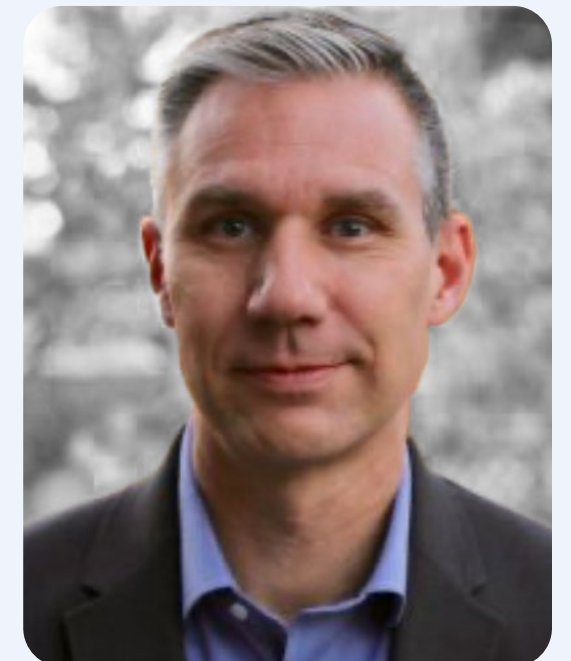
7:00 – 8:30 pm

Hosted  
virtually  
via:



## ANDREW BAXTER

Andrew Baxter, MSW RSW, has worked in school-based and community mental health for over 18 years. During his time with Alberta Health Services, he has provided direct treatment for students from K-12, as well as consultation for their families and teachers. Andrew currently serves as the Team Lead for [mentalhealthliteracy.org](http://mentalhealthliteracy.org) and the Alberta Mental Health Literacy Project. In these roles, he has worked to promote school mental health literacy among students, educators, parents, and mental health professionals at provincial, national and international levels.

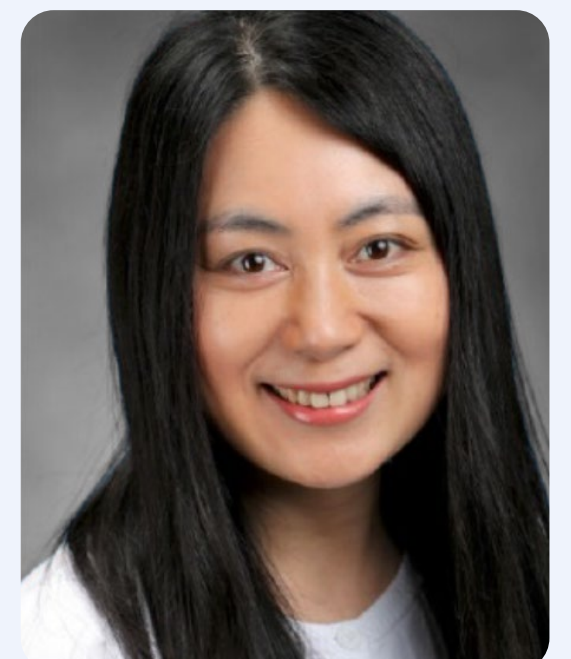


## DR. LI SHA

Dr. Li Sha, MEd, PhD, is currently the research coordinator of the Mental Health Literacy project in SD 38, and has worked as an instructor at the Trinity Western University since 2020. In recent years he has provided educational consulting services for local Chinese families. Dr. Sha worked as researcher in educational psychology in Canada, Hong Kong, Singapore, and the US. His research focuses on studying K-12 students' learning and motivation. Dr. Sha is a member of American Psychological Association (APA).

## DR. YIFENG WEI

Dr. Yifeng Wei, MA, PhD, has worked as a researcher and school mental health lead with [mentalhealthliteracy.org](http://mentalhealthliteracy.org) since 2008. She is currently assistant professor with the Department of Psychiatry at the University of Alberta. Her research interests focus on promoting mental health literacy in schools (both secondary and post-secondary settings) to help students gain better understanding about mental health and mental disorders, reduce stigma against mental illness, obtain and maintain good mental health and enhance help-seeking behaviors.



## SCHEDULE

May 4, 2022 | 7:00pm – 8:30pm

7:00pm **Introduction and Secondary Student Panel**

7:30pm **English Session** with Andrew Baxter  
**Mandarin Session** with Dr. Li Sha & Dr. Yifeng Wei

## REGISTRATION

[Click here to register](#) or use the QR code below – parents are encouraged to register by Friday, April 29, 2022.

