

FOR RICHMOND FAMILIES

# Connect & Learn

## IN PERSON EVENTS FOR PARENTS & CAREGIVERS IN RICHMOND

### FEBRUARY

**A Conversation for Families about  
Digital Well Being and Mental Health**

Speaker: Dr. Kristy Goodwin

Tuesday, February 13th

9am - 10am

McNeely Elementary School Library -  
12440 Woodhead Rd

Tuesday, February 20th

9am - 10am

Grauer Elementary School Library -  
4440 Blundell Rd

### MARCH

**Beyond Behaviours: When Is It More?  
What it Looks Like Ages 9 - 12 years**

Speaker: Karen Peters, RCC

Tuesday, March 5th

9am - 10am

McNeely Elementary School Library -  
12440 Woodhead Rd

Tuesday, March 12th

9am - 10am

Grauer Elementary School Library -  
4440 Blundell Rd

Join us to watch a video with an expert speaker and to talk with other families about what helps. Hosted by Family Peer Support Workers.

Registration Required: [familysmart.ca/events](https://familysmart.ca/events)

Questions?: [richmond@familysmart.ca](mailto:richmond@familysmart.ca) / 604-607-9570

