Bridge Week-of-o-Glonce

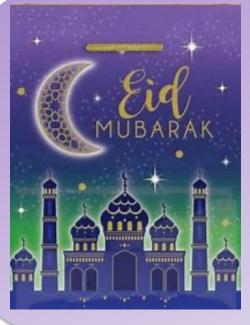
April 15th - 19th, 2024







| Monday 15 | Track Attack for Grades 3-7 |
|--------------|---|
| Tuesday | French Festival and Concours at McRoberts 5-8pm |
| 16 | All families welcome! (see flyer below) |
| Wednesday | Track Attack for Grades 3-7 |
| 17 | |
| Thursday | Grade 7 Bottle Fundraiser – Drop-off at 8:45am |
| 18 | PAC Hot Lunch – Libby's Kitchen – pre-orders only |
| Friday | Pro-D Day – No school for students |
| 19 | |



The month of **Ramadhan** came to an end on April 9-10, 2024. Muslims mark the end of this month with a celebration called **Eid-al-Fitr**.

On this day, Muslim students, families, and colleagues came together to spend time with family and to enjoy feasting.

Eid Mubarak to all those who celebrated!

April is Sikh Heritage Month

April 13, 2024, is Vaisakhi. This Sikh New Year festival is one of the most important dates in the Sikh calendar. It marks the start of the Punjabi New Year, but it is also a day to celebrate 1699, the year when Sikhism was born as a collective faith

As part of our ongoing sharing of Sikh Excellence, during this Sikh Heritage month, we encourage you to acknowledge Vaisakhi. Please feel free to listen (32 mins) to:



about the history of South Asian communities in BC, and how the oldest Little India market was formed in South Vancouver.



Passover

This year, **Jewish Passover** begins before sundown on **Monday**, **April 22** and ends after nightfall on **April 30**. Many Jewish communities will hold seders (ceremonial meals) the first two nights of the springtime holiday.



FESTIVAL CULTUREL FRANCOPHONE FRENCH CULTURAL CELEBRATION

LE 16 AVRIL 2024 5:00-8:00 PM

ÉCOLE MCROBERTS 8980 WILLIAMS

This year the Richmond School District is hosting the second annual **Festival Culturel Francophone.** This event is open to everyone, regardless of age, background, or language proficiency. We welcome you to come and celebrate with us, meet new people, and learn about French culture.

Admission is free, so bring your friends and family.

CONCURS d'art oratoire
Canada's French Public Speaking Contest

As a conclusion to school based Concours events, the District will be hosting a District level competition during the festival. Concours d' art oratoire is a French public speaking competition that takes place in BC every year. The competition is organized by Canadian Parents for French, a non- profit organization that promotes French language education and cultural opportunities for youth. Concours d' art oratoire is open to students in grades 6 through 12 who are learning French as a second language or who come from French- speaking families. The competition is designed to help students develop their oral communication skills in French and to build their self- confidence.

For more information visit the cpf website or contact your child's school

EVENTS/ ÉVÉNEMENTS

DISTRICT LEVEL CONCOURS D'ART
ORATOIRE SPEECH COMPETITION STUDENT WINNERS WILL GO ON TO
COMPETE IN PROVINCIALS

FRENCH CONCERT FOR CHILDREN
HANDS-ON WORKSHOPS IN
DRUMMING, COOKING, CIRCUS
PERFORMANCE AND DANCE



FRANCOPHONE THEMED FOOD TRUCKS
AND MAPLE SYRUP TASTING



CLICK <u>HERE</u> TO REGISTER FOR THIS FREE FAMILY EVENT Or visit https://forms.office.com/r/mjMV5tsLDR

Earth Week (<u>www.richmond.ca/EarthWeek</u> (<u>link</u>)) is happening **April 20-28** with lots of free and low-cost family-friendly activities.



BRIDGE SPRING FAIR

FRIDAY, MAY 24, 2024

SAVE THE DATE FOR OUR ANNUAL SPRING FAIR

Food, Drinks, Activities and Fun!

More information to come soon from our PAC!



April 22 – 30 Monday, April 22 Monday, April 22 Tuesday, April 23 Wednesday, April 24 Wednesday, April 24 Thursday, April 25 Thursday, April 25 Friday, April 26 Friday, April 26 Monday, April 29 Thursday, May 2 Thursday, May 9 Monday, May 13 Thursday, May 16 Thursday, May 16 Friday, May 17 Monday, May 20 Tuesday, May 21 Tuesday, May 21 Wednesday, May 22 Thursday, May 23 Friday, May 24 Friday, May 24 Monday, May 27 Thursday, May 30 Thursday, June 6 Friday, June 7 Thursday, June 13

Thursday, June 20

Passover Earth Day and Family Team Activity Safety Drill Track Attack Administrative Assistants Day Track Attack (Rainout Day) CyberSafe Workshop for Grades 6/7 PAC Hot Lunch - Bar Burrito - pre-orders only Spirit Day- Anything but a Backpack Day! Learning Updates #2 Published in MyEd Track Attack (Rainout Day) PAC Hot Lunch - Sushi - pre-orders only PAC Hot Lunch - Pasta/Curry - pre-orders only Zone Track and Field Meet at Minoru – Grades 3-7 Grade 7 Bottle Fundraiser – Drop-off at 8:45am PAC Hot Lunch – Libby's Kitchen - pre-orders only Pro-D Day – no school for students today Victoria Day – schools are closed Safety Drill **PAC Meeting @7pm via Teams** Welcome to Kindergarten PAC Hot Lunch - Bar Burrito - pre-orders only Spirit Day- Twin Day Bridge PAC Spring Fair (outside evening event) School Panorama Photo PAC Hot Lunch – Fusion Pizza - pre-orders only PAC Hot Lunch - Sushi - pre-orders only Spirit Day- Cultural Day PAC Hot Lunch - Libby's Kitchen - pre-orders only

PAC Hot Lunch - Pasta/Curry - pre-orders only

FOR RICHMOND FAMILIES Connect & Learn

IN PERSON EVENTS FOR PARENTS & CAREGIVERS IN RICHMOND

Beyond Behaviours: When Is It More? What it Looks Like Ages 4 - 8 years

Speaker: Karen Peters, RCC

Tuesday, April 16 9:15am - 10:15am Grauer School Library

Join us to watch a 30 minute video with an expert speaker and to talk with other families about what helps. Hosted by Family Peer Support Workers.

Registration Required: familysmart.ca/events

Questions?: richmond@familysmart.ca / 604-607-9570









NATIONAL CHILD & YOUTH MENTAL HEALTH DAY

Online Event for Parents and Caring Adults

with Kim Barthel

connecting with kids: We know that having caring, connected conversations can significantly impact the mental health of children and youth. Join us to listen to Kim Barthel talk about having more self-compassion, self-awareness and knowledge about the art and science of relationships. Our kids mean so much to us, and yet disconnection, dissociation and even the potential for self-harm is very real. A holistic and engaging story-teller, Kim will introduce the basics of attunement, attachment theory, trauma-sensitive practice, sustainable self-care and above all the power of connection and inclusion.

Kim Barthel is a Canadian occupational therapist, speaker, multi-disciplinary teacher, mentor and best-selling author who is active in supporting people in many contexts globally. Kim is passionate about understanding mental health, complex behaviour, neurobiology, movement, trauma-sensitive practice, attachment, sensory processing and learning. KimBarthel.ca.

DATE: Tuesday, May 7, 2024
TIME: 6:00pm - 8:00pm (PST)

REGISTRATION REQUIRED: familysmart.ca/events

This event is part of FamilySmart's National Child & Youth Mental Health Day celebrations, for more info and resources go to: may7icare.ca







