

# KEEPING YOUR KIDS SAFE ONLINE

## TCO<sub>2</sub> Presentations continue...

Students in Gr. 4 - 7 are participating in workshops called Taking Care of Ourselves and Others. Put on by a local organization called Children of the Streets, the topic is online safety and preventing child sexual exploitation is their goal. [10 Tips of Staying Safer Online](#) is full of helpful information for parents. To learn more about child exploitation prevention see their [Resources](#) page.

## What are kids up to?

[Protect Kids Online](#) gathers current interests and risks that kids are exposed to online, listed by age group, and recommends how you can support and protect your child.

## Screen Time Habits

For guidance and resources for parents wanting to teach and equip their children with healthy screen habits visit [Keep Tech In Check](#).



## Relationships are the key!

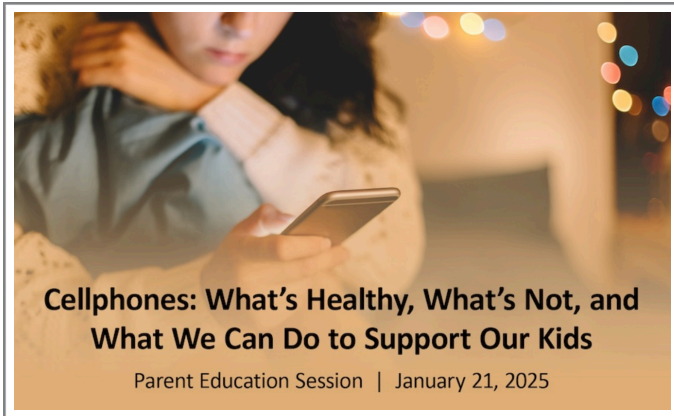
Developing positive relationships with children is the key for all adults who care for, guide and protect kids off and online. Whether you are a parent or educator, having the tools to develop strong connections with children will be crucial when dealing with the challenges of the digital era that we are living in. As adults, we need to set the rules and teach them to our kids. We will be more effective when we have a good relationship with them.

Spending time doing non-screen time activities builds positive connections. A strong positive relationship is needed so can we teach them to be responsible digital citizens - to use technology as a tool for learning, to express their creativity and engage in the entertaining aspect of technology in moderation. How can we guide them so they can enjoy all the benefits while keeping them safe online?

*Read on for websites, webinars and workshops to equip you to help your kids.*



## Richmond School District Online Parent Education Sessions



**Jan. 21<sup>st</sup> (6:30 - 8pm)**  
**Cellphones: What's Healthy, What's Not, and What We Can Do to Support Our Kids**

Feb. 25<sup>th</sup>: Reclaiming Play: Revitalizing Childhood to Combat Anxiety and Aggression

Apr. 8<sup>th</sup>: Cybersafe from Exploitation

Closed captioning in multiple languages will be available.

**Visit For more details and to register visit:**

<https://sd38.bc.ca/news/2024-10-16/parent-education-sessions>

## Simple screen-free ways to connect with your child



*Spending time outdoors is good for everyone's physical and mental wellness.*

Getting outside together can build positive relationship. Check out this website for [105 Ways to Enjoy Nature with Kids](#).

Visit [101 Fun Screen Free Activities for Kids](#) to discover many fun ways to spend time together.



For older children, ask about their screen free interests and learn how to do them together. Check out this [Big List of Hobbies](#) for ideas.

## Click on images for more parent resources

