

# Bridge Week-at-a-Glance

January 20<sup>th</sup> – 24<sup>th</sup>, 2025



## Tamil Heritage Month

A month to celebrate the rich heritage and contributions of Tamil people in Canada.

Monday 20	
Tuesday 21	Parent Ed Virtual Session - 6:30-8pm – Cell phones (see flyer below for registration)
Wednesday 22	
Thursday 23	PAC Hot Lunch – Sushi Lovers – Pre-orders only Grade 7/8 Program Planning Information Session for families - 6:30pm at McRoberts
Friday 24	PAC Hot Dog and Drink Sale after school

### Bridge Bulldogs Spirit Wear

We had a successful **Spirit Wear Fundraiser** at the end of last year. A huge thank you to one of our Bridge parents, **Carl Rivera**, of **Thunderbolt Sign**, for helping us with the spirit wear production. We have a few extra t-shirts and hoodies if you missed the order deadline.



- T- shirts:** Royal Blue - Youth-Large, Adult-Medium  
Heather Blue - Youth-Medium  
Grey - Adult Large
- Hoodies:** Youth Medium in Grey and Royal Blue

Please see Ms. Lee in the office if you want to purchase the spirit wear.



## Cellphones: What's Healthy, What's Not, and What We Can Do to Support Our Kids

Parent Education Session | January 21, 2025

### **Presented by Hannah Beach**

January 21, 2025 | 6:30 – 8 p.m.

Many of our kids are anxious and glued to their phones, seeking endless distraction and feeling isolated and disconnected. Aggressive outbursts have become common and yet others seem to have stopped talking all together. As parents and caregivers, we are increasingly alarmed. We entice, cajole, bribe, encourage, shout, but nothing seems to work long term.

Join Hannah for a warm and conversational workshop exploring practical strategies we can use to help our children and youth when it comes to managing devices. This conversation has never been more important as we look at how we can support our children and youth to grow, learn, develop, and reach their fullest potential.

Closed captioning in multiple languages will be available for participants.

[Click here to register](#)

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### **About the Presenter**

Hannah Beach

Hannah Beach is an award-winning educator, author, emotional health consultant, and keynote speaker. She is the co-author of the best-selling book *Reclaiming Our Students: Why Children Are More Anxious, Aggressive, and Shut-Down than Ever — and What We Can Do About It*.

Hannah was recognized by the Canadian Human Rights Commission in 2017 as one of five featured changemakers in Canada. Her bestselling *I Can Dance* book series, supporting the emotional health of children through movement, play, and expression, won a 2017 Gold International Moonbeam Children's Book Award. You can find her at [hannahbeach.ca](http://hannahbeach.ca).

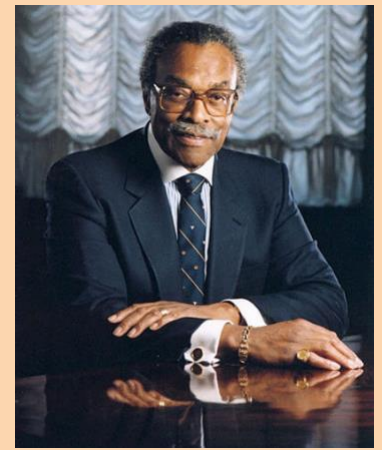
## **Lincoln Alexander Day**

**January 21<sup>st</sup>**

The birthday of Honourable Lincoln Alexander has been recognized across Canada since 2015. He was a pioneer in the fight for racial equity in Canada. Alexander's legacy is marked by many firsts as the first Black Member of Parliament, Cabinet minister, and Lieutenant-Governor of Ontario.

For more information, please visit:

<https://www.blackhistoryottawa.org/copy-of-john-g-dennison-award>



## **World Day for African and Afrodescendant Culture**

**January 24<sup>th</sup>**

A day to celebrate and highlight the contributions of the many vibrant cultures of the African continent and the African people around the world, as well as their role in driving sustainable development, dialogue, and peace.

For more information, please visit:

[https://www.unesco.org/en/days/african-culture?TSPD\\_101\\_R0=080713870fab2000431069f224fd8600b103315f309c5cd0bdbb54b54e3f89a193159ff52bf54a8e089911655b14300052b89239a23d86d112f5ad5f6bc84ea75814ff99cc08f4aeb100fb55ce702c69b9e3d24a5e948fbea37e438cfbb47d44](https://www.unesco.org/en/days/african-culture?TSPD_101_R0=080713870fab2000431069f224fd8600b103315f309c5cd0bdbb54b54e3f89a193159ff52bf54a8e089911655b14300052b89239a23d86d112f5ad5f6bc84ea75814ff99cc08f4aeb100fb55ce702c69b9e3d24a5e948fbea37e438cfbb47d44)



# SAVE THE DATE!

<b>Monday, January 27</b>	<b>Pro-D Day – no school for students</b>
<b>Wednesday, January 29</b>	<b>Happy Lunar New Year!</b>
Thursday, January 30	PAC Hot Lunch – McDonald's – Pre-orders only
Tuesday, February 4	Band Concert at Bridge - afternoon and evening
Thursday, February 6	PAC Hot Lunch – Fusion Feast – Pre-orders only
Monday, February 10	Safety Drill
February 10-12	Scholastic Book Fair in the Library
<b>Wednesday, February 12</b>	<b>Early Dismissal at 1:45pm for Learning Updates #2</b>
Thursday, February 13	PAC Hot Lunch – Libby's Kitchen – Pre-orders only
<b>Thursday, February 13</b>	<b>Early Dismissal at 1:45pm for Learning Updates #2</b>
<b>Friday, February 14</b>	<b>Pro-D Day – no school for students</b>
Friday, February 14	Valentine's Day!
<b>Monday, February 17</b>	<b>Family Day – Schools Closed</b>
Tuesday, February 18	PAC Meeting via Teams at 7pm
Thursday, February 20	PAC Hot Lunch – Fusion Feast – Pre-orders only
Tuesday, February 25	Parent Ed Virtual Session 6:30-8pm Hannah Beach Reclaiming Play to Combat Anxiety & Aggression
Thursday, February 27	TCO2 Rescheduled Date (Grades 4/5 & 6/7)
Thursday, February 27	PAC Hot Lunch – Sushi Lovers – Pre-orders only
Friday, February 28	Pink Shirt Day
February 28 – March 29	Ramadan
Tuesday, March 4	Safety Drill
Thursday, March 6	PAC Hot Lunch – McDonald's – Pre-orders only
Thursday, March 13	PAC Hot Lunch – Subway – Pre-orders only
March 15 – March 30	Spring Break!
Thursday, April 3	PAC Hot Lunch – Fusion Feast – Pre-orders only
Tuesday, April 8	Parent Ed Virtual Session 6:30-8pm – Cyber-safety

## *École Secondaire Hugh McRoberts Secondary School*

8980 Williams Road, Richmond, BC V7A 1G6 Phone (604) 668-6600 Fax (604) 668-6601  
Website: [www.McRoberts.sd38.bc.ca](http://www.McRoberts.sd38.bc.ca)

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### **Grade 7 to 8 Transition 2025**

*Parents of McRoberts-bound Grade 7 Students are cordially invited to our annual...*



### **PROGRAM PLANNING INFORMATION QUESTIONS/ANSWER NIGHT**

**Thursday, January 23<sup>rd</sup>**

**6:30 – 7:30 pm**

Our program planning night offers parents of Grade 7 students an opportunity to learn about course offerings for their children entering Grade 8 in September, learn about our process which supports students' transition from elementary school to secondary school, meet McRoberts staff and administrators, and participate in a question-and-answer period.

We hope you can make time to attend this important meeting about your child's transition to secondary school.



# Happy Lunar New Year Art Division 1 - Kindergarten

