

Bridge Week-at-a-Glance

March 31st – April 4th, 2025



April is Autism Awareness Month and Sikh Heritage Month

Monday March 31	Back to school! Welcome back! Deadline for PAC Hot Lunch Orders for Term 3
Tuesday April 1	
Wednesday 2	PAC Purdy's Fundraising Order deadline
Thursday 3	PAC Hot Lunch – Fusion Feast – Pre-orders only
Friday 4	RSVP by today for the French Cultural Festival at McRoberts on April 10 th – see flyer below

Our PAC is offering **Hot Lunch** again for Term 3 on Thursdays.

Please ensure that you have entered and paid for your orders in Munch-a-Lunch by **Monday, March 31st** (the first day back to school after spring break) or before to ensure that your orders are ready for the first delivery. If you have any questions, please contact:

williambridgepac@gmail.com



Bridge Fridge

Our Bridge Fridge is being restocked every couple of weeks by our District's Feeding Futures Department. This term we have had apples, eggs, oranges, pears and yogurt available. These products are not meant to replace recess snacks and/or student lunches but are to help those students who are hungry during the day and not able to concentrate or learn due to an empty tummy. We continue to work with students to make sure everyone has what they need to participate in our school day.

Parents/Caregivers:

**Yogurt has been a very popular item!
You may want to include a yogurt in
your child's lunch pack.**



Uzume Taiko Drumming

Thank you to our PAC for sponsoring the Uzume Taiko Drumming presentation.



The Maple Man

We had a fun afternoon learning about maple syrup, musical spoons, songs and “la tir”.
Merci beaucoup Mme Tuason for organizing this cultural event with district French funds. Délicieux!



FESTIVAL CULTUREL FRANCOPHONE

 **ÉCOLE SECONDAIRE MCROBERTS**
8980 Williams Road, Richmond

 **LE 10 AVRIL 2025, 5:00 - 8:00 PM**

The Richmond School District is excited to host its third annual Festival Culturel Francophone. This event is open to everyone, regardless of age, background, or French language proficiency. Join us to celebrate, connect with others, and explore la francophonie! Admission is free, so be sure to bring your friends and family along.

**RSVP BEFORE
FRIDAY, APRIL 4TH**

CLICK HERE



ACTIVITIES

- ✓ MALICOUNDA DRUMMING
- ✓ LOCO BEAT AFRO DANCE
- ✓ PHOTO BOOTH
- ✓ CRÊPE WORKSHOP
- ✓ FOOD TRUCKS
- ✓ LIVE MUSIC AND MORE



FREE ENTRANCE



CANADIAN PARENTS FOR FRENCH
CONCOURS d'art oratoire
Canada's French Public Speaking Contest™

Students in grades 6-12 who have advanced to the District level competition will compete for a chance to participate in the provincial concours, hosted annually by Canadian Parents for French. This competition is designed to help students strengthen their French oral communication skills and to build their self-confidence.

[Click here for more information.](#)

ENTRÉE GRATUITE

**AVEZ-VOUS DES
QUESTIONS?**



Kristine Canas:
kcanas@sd38.bc.ca

Linda Chau:
lchau@sd38.bc.ca

Learn about the power and purpose of play



BENEFITS OF PLAY



TYPES OF PLAY



GETTING INVOLVED

THE POWER OF PLAY

Why play is essential to child development

Your children need to play. It helps them build all kinds of skills that are necessary for healthy development. And it's **your job as a parent** to support them in developing these skills.



Research shows important benefits of play



Cognitive (Brain) Benefits^{4,5,6,7}

- Boosts academic performance
- Improves focus and attention
- Enhances creativity and imagination
- Improves problem solving skills



Social and Emotional Benefits^{1,2,4,5,6,7}

- Increases empathy
- Reduces stress levels
- Improves mood
- Reduces aggression
- Increases impulse control

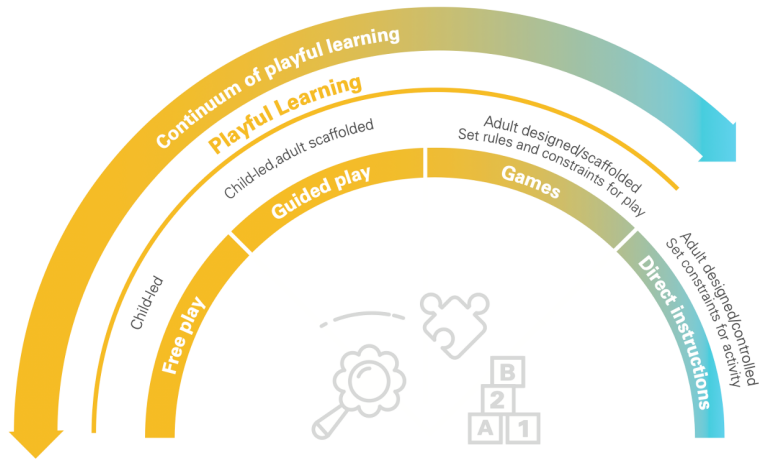


Physical Benefits^{2,3,5,8}

- Increases activity and fitness levels
- Reduces nearsightedness
- Increases vitamin D levels
- Improves sleep

Figure 1. Continuum of Playful Learning

The different types of play



Source: Adapted from Zosh, Jennifer N., et al. Learning through play: a review of the evidence. LEGO Foundation, 2017.

Unstructured or Free Play

Kids lead the way with their **imagination and creativity**. It's crucial for cognitive development, as it encourages independent thinking and problem-solving. *Examples: Building a fort with pillows, playing dress-up, and exploring nature.*

Structured Play

These are games or activities with rules, helping kids learn about **organization, teamwork, and strategy**. It also builds focus and self-discipline. *Examples: Playing board or card games, engaging in team-based strategy games like capture the flag or a scavenger hunt, or playing rule-based sports.*

Solo Play

Time alone in play allows children to develop **independence, focus, and self-confidence**. It's perfect for building self-reliance and fostering creativity. *Examples: Drawing or painting, building puzzles or Lego sets, and reading.*

Social Play

Playing with others helps kids learn how to **communicate, collaborate, and resolve conflicts**. It also builds important social and emotional skills. *Examples: Games like tag or hide-and-seek, group projects, collaborative board games, and team sports.*

Active Play

Physical play is essential for health and motor development, helping children **improve coordination, strength, and stamina**. *Examples: Running races, playing with a ball, jumping on a trampoline, biking, or dancing.*

What you can do to encourage play

- * **Limit Screen Time:** set family rules and use parent control tech to set limits for screen time. Model and encourage non-digital play.
- * **Create Play-Friendly Spaces:** have art supplies and toys where kids can create, build and explore or play board games and card games.
- * **Encourage Outdoor Play:** whether it's a bike ride, a nature walk or a game of tag, spend time outdoors together.
- * **Incorporate Play into Everyday Tasks:** turn daily chores or routines into fun activities.
- * **Join in the fun:** even 15 - 20 minutes of connecting with your child as they play in some way shows them that you value play and spending time together.



GRADE 7 PURDY'S FUNDRAISER

Dear Parents and Guardians,

The Grade 7 Parents are doing a Purdy's Fundraiser which is already open for online purchasing until April 2nd. The flyers were sent home with your child(ren) yesterday.

Chocolates will be delivered the week of April 14th.

To all Grade 7 Parents and Guardians, we need your help with the Grade 7 grad. If you have time to volunteer to help plan the Grade 7 grad and future fundraising, please email us at grade7bridge@gmail.com

GRADE 7 PURDY'S EASTER FUNDRAISING

[HTTPS://FUNDRAISING.PURDYS.COM/2107585-126085](https://fundraising.purdys.com/2107585-126085)



How to order: Click the link below
Order Deadline: April 2, 2025
Order Delivered: Week of April 15th



<https://fundraising.purdys.com/2107585-126085>

William Bridge Campaign Number : 79984



kindness MATTERS

At Bridge, we are learning to be kind to ourselves, others and place. Here are the messages of kindness from our morning announcements this week!

You can never be too kind.
Tu ne peux jamais être trop gentil.le.

Maya Angelou said: Be a rainbow in someone else's cloud.
Soyez un arc-en-ciel dans le nuage de quelqu'un.

Throw kindness around like confetti.
Jetez la gentillesse autour comme des confettis.

Kindness deserves to be part of everyone and not to be taken over by meanness.
La gentillesse mérite de faire partie de chacun et de ne pas être remplacée par la méchanceté.

Good people bring out the good in people.
Les bons gens font ressortir ce qu'il y a de bon dans les gens.

SAVE THE DATE!

Tuesday, April 8	Parent Ed Virtual Session 6:30-8pm – Cyber-safety
Wednesday, April 9	Safety Drill
Thursday, April 10	French Cultural Fest at McRoberts 5-8pm
Tuesday, April 15	PAC Purdy's orders delivered to students
Tuesday, April 15	PAC Meeting via Teams
Friday, April 18	Good Friday – schools are closed
Monday, April 21	Easter Monday – schools are closed
Tuesday, April 29	Written Learning Updates #2 published in MyEd
Thursday, May 8	Safety Drill
Friday, May 16	Pro-D Day – no school for students
Monday, May 19	Victoria Day – schools closed
Tuesday, May 20	PAC Meeting via Teams
Wednesday, May 21	Welcome to Kindergarten event in the afternoon!
June 2 – June 4	Camp Jubilee Outdoor Ed for Grade 7 students
Tuesday, June 3	Immunizations – Kindergarten and Grade 6
Friday, June 6	Safety Drill
Friday, June 13	Sports Day
Tuesday, June 17	PAC Meeting via Teams (if needed)
Friday, June 20	Grade 7 Farewell Assembly
Tuesday, June 24	South Arm Pool Day for all students
Thursday, June 26	Year-end assembly, Reports published, Last day



BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

study@sd38.bc.ca

604-668-6217



RICHMOND
INTERNATIONAL EDUCATION
ENRICHING GLOBAL MINDS